

Longer-term effects of Covid (long-covid) Rehabilitation Survey v1.4

About this survey

Introduction

We are a team of policy and strategy leads, and clinical and academic AHP researchers, with an interest in researching rehabilitation for long-covid in Scotland.

We want to apply to CSO Scotland for funds to conduct an evaluation of rehabilitation services for patients with long-Covid, to understand what works and why, and also to identify any unmet need and how it might be best addressed.

We therefore want to find out about current long-covid rehabilitation services across Scotland, to inform this research and make it as useful as possible to AHP's providing long-covid rehabilitation. We also want to find out which board areas would be interested in working with us.

We have a very tight deadline for applying for funds (9th November) and therefore ask that you complete this short survey by 25th October if you are willing to do so.

Thank you in advance

Bette Locke, AHP Professional Advisor in Rehabilitation, Scottish Government

Dr Lesley Holdsworth, Clinical Lead Digital Health & Care, Scottish Government

Prof Kay Cooper, Robert Gordon University

Dr Edward Duncan, NMAHP Research Unit, University of Stirling

Dr Jacqui Morris, University of Dundee

Use of your data

Any data provided by you via this survey will be used to inform a research funding

application and that data will be processed & stored in line with GDPR.

Data may be published, but will be anonymised and non-indentifiable.

Are you happy to proceed with the survey? * *Required*

☒ Yes

☐ No

Long-Covid Survey

Definition of long-Covid

We are using the definition in the Scottish Government Framework for Supporting People through Recovery and Rehabilitation during and after the COVID-19 Pandemic:

“The rehabilitation of people who have had coronavirus (COVID-19) and as a result may present with symptoms such as: cardiovascular, pulmonary and musculoskeletal deconditioning, emotional, neurological and cognitive symptoms such as anxiety, post-traumatic stress disorder, post intensive care syndrome, fatigue and pain”

Which board area do you work within? * *Required*

- ☐ Ayrshire and Arran
- ☐ Borders
- ☐ Dumfries and Galloway
- ☐ Fife
- ☐ Forth Valley
- ☐ Grampian
- ☐ Greater Glasgow and Clyde
- ☐ Highland
- ☐ Lanarkshire
- ☐ Lothian
- ☐ Orkney
- ☐ Shetland
- ☐ Western Isles
- ☐ Tayside

How are people with long-term effects of Covid managed in your board area? (please select all answers applicable)

Please select at least 1 answer(s).

- ☐ Within pre-existing rehabilitation services
- ☐ Existing rehabilitation has been adapted
- ☐ New service has been set up for long-Covid rehabilitation
- ☐ Currently developing a new service for long-Covid rehabilitation
- ☐ Other

Please describe the service as fully as you can:

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Which professional groups are involved in delivering long-Covid rehabilitation in your board area?

Please select at least 1 answer(s).

- ☐ Physiotherapist
- ☐ Occupational Therapist
- ☐ Speech and Language Therapist
- ☐ Dietician
- ☐ Psychologist
- ☐ Other

Please describe the service as fully as you can:

How do patients access long-covid rehabilitation in your board area? (please select all answers applicable)

Please select at least 1 answer(s).

- ☐ Hospital referral
- ☐ GP referral
- ☐ Self-referral
- ☐ Other

Please describe the service as fully as you can:

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How is long-covid rehabilitation delivered in your board area? (please select all answers applicable)

- ☐ Face-to-face
- ☐ Digital
- ☐ Group
- ☐ One-to-one
- ☐ Self-management resources

If you select more than one answer, please indicate estimated percentage of rehabilitation support provided by each medium

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Can you describe the content and duration of typical long-Covid rehabilitation in your board area?

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How many patients have received long-Covid rehabilitation to date?

What are the main problems that patients are requiring rehabilitation for? (Please select all that apply)

[+ More info](#)

- ☐ Respiratory
- ☐ Fatigue
- ☐ Mental health
- ☐ Musculoskeletal
- ☐ Neurological
- ☐ Other

Please describe as fully as you can:

Would you be willing to take part in a research project evaluating long-covid rehabilitation in order to find out what works and what could be done to address any unmet need in the patient population in Scotland? * *Required*

- ☐ Yes
- ☐ No
- ☐ Not sure

Please provide your email address:

Thank you for completing this survey. We will use the results to inform a research grant application to CSO Scotland on rehabilitation strategies for the longer-term effects of Covid-19.

Long-Covid Survey

If you would like further information, or would like to share any further information on long-covid rehabilitation please contact k.cooper@rgu.ac.uk

Thank you for your time.
